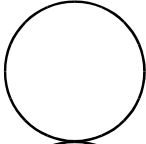
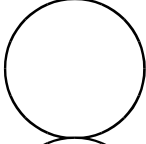


The Circle of Everything, One

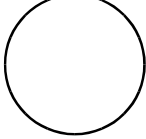
The Circulation of You, within You



Thoughts / Spiritual Body (think it /know it)

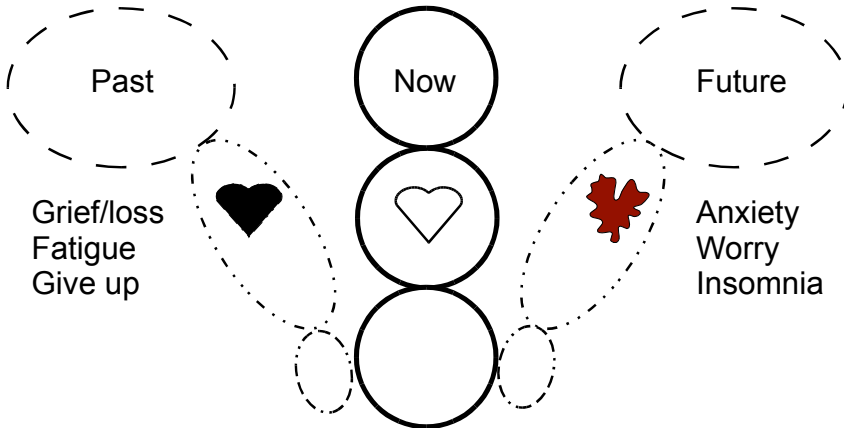


Emotional Body (feel it)



Physical (see it, measure it)

Add in Time

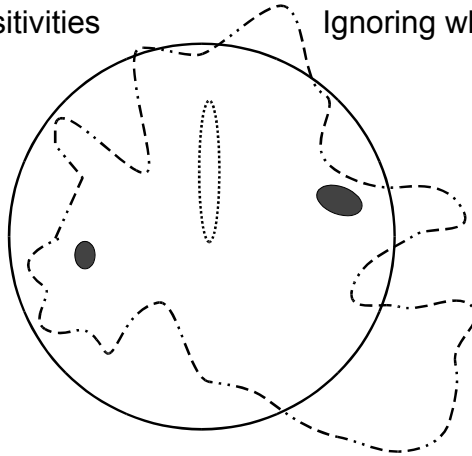


Shape Shifters Toward Illness

There is no blame. You did these to cope as the best you knew how.
But they shrunk and distorted your circles.

Shrinking
Contracting, Wincing
Collapsing
Sensitivities
Super Sensitivities

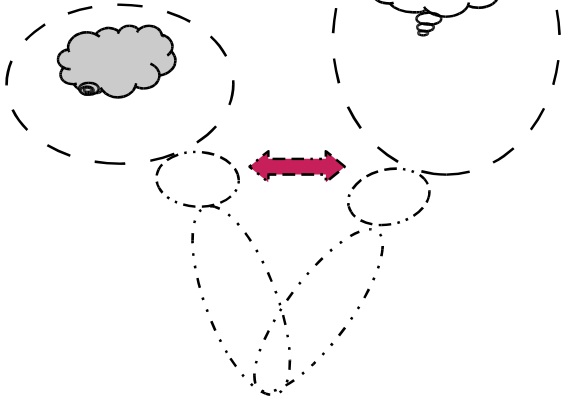
Spread Too Thin
Unresolved Blow Ups
Becoming ungrounded
Insensitivities
Ignoring what can't handle



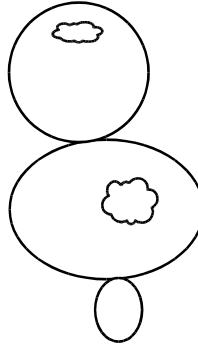
What makes you wince or contract? What makes you explode?

Self Portrait

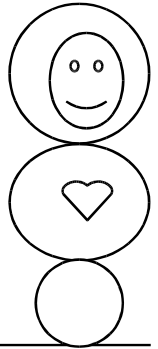
At My Worst



Now

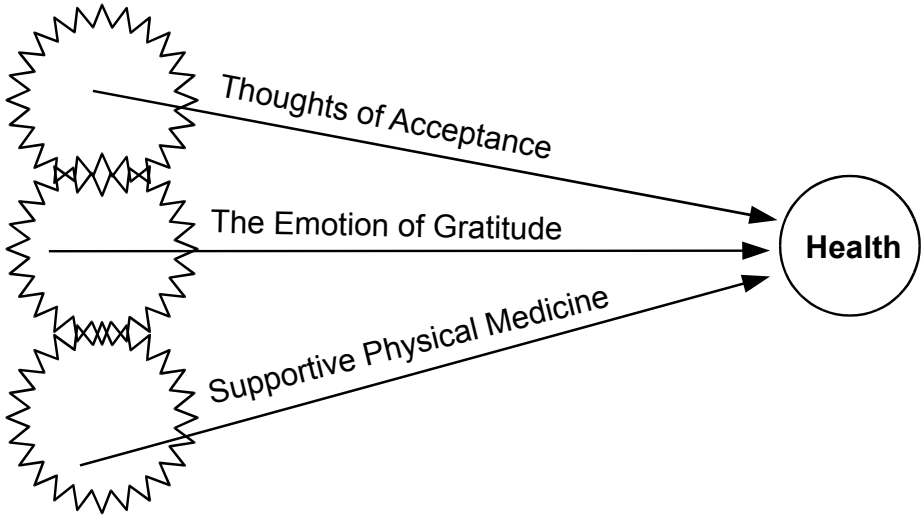


In a Year?



And your own

How do you unite all the jagged “separate” pieces?



From a

“When Pushing Stops Working” presentation

Leesburg, VA

September 5, 2009 -- Part I

“Circles of Life and Health”

Elly Brosius

Audio and handouts at

http://www.whenpushingstopsworking.com/Recorded_Events/Pages/2009_Part_1.html